



# My Good Deeds This Week



Colour a star each time! • Little • ages 3–5

Week starting: .....

| Good deed                                                                                                  | 1                                                                                   | 2                                                                                   | 3                                                                                   | 4                                                                                     | 5                                                                                     | 6                                                                                     | 7                                                                                     |
|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|  <b>Say salaam</b>        |    |    |    |    |    |    |    |
|  <b>Share with others</b> |    |    |    |    |    |    |    |
|  <b>Help at home</b>      |    |    |    |    |    |    |    |
|  <b>Tidy my toys</b>    |  |  |  |  |  |  |  |
|  <b>Say Bismillah</b>   |  |  |  |  |  |  |  |
|  <b>Be kind</b>         |  |  |  |  |  |  |  |

**My favourite good deed this week was...**

(draw it or tell a grown-up)

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# My Good Deeds This Week



Colour a star each time! • Big • ages 6–8

Week starting: .....

| Good deed                                                                                                       | 1                                                                                   | 2                                                                                   | 3                                                                                   | 4                                                                                     | 5                                                                                     | 6                                                                                     | 7                                                                                     |
|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|  Pray with my family           |    |    |    |    |    |    |    |
|  Read or listen to Qur'an      |    |    |    |    |    |    |    |
|  Help without being asked      |    |    |    |    |    |    |    |
|  Say Bismillah & Alhamdulillah |    |    |    |    |    |    |    |
|  Speak kindly to everyone    |  |  |  |  |  |  |  |
|  Give sadaqaah or share      |  |  |  |  |  |  |  |
|  Make du'a for someone       |  |  |  |  |  |  |  |
|  Keep my promises            |  |  |  |  |  |  |  |

My favourite good deed this week was...

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