



My Daily Du'as

Du'as the Prophet Muhammad (peace be upon him) taught us. **Say one, then colour its star!**



1



When I wake up

Al-Bukhari 6312



الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Alḥamdu lillāhil-ladhī aḥyānā ba'da mā amātanā wa ilayhin-nushūr

Meaning: All praise is for Allah, who gave us life again after sleep. To Him we return.

6



Leaving home

Abu Dawud 5095



بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillāh, tawakkaltu 'alallāh, lā ḥawla wa lā quwwata illā billāh

Meaning: In Allah's name. I trust Allah. All power is with Allah.

2



Bathroom

Al-Bukhari 142
Abu Dawud 30

IN

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

Allāhumma innī a'ūdhu bika minal-khubuthi wal-khabā'ith

Meaning: O Allah, keep me safe from all bad things.

OUT

غُفْرَانَكَ *Ghufrānak*

Meaning: O Allah, I ask for Your forgiveness.

7



Car, bus or plane

Muslim 1342
Qur'an 43:13-14

First say "Allāhu Akbar" 3 times, then:

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

Subḥānal-ladhī sakhkhara lanā hādḥā wa mā kunnā lahu muqrinīn, wa innā ilā rabbinā lamunqalibūn

Meaning: Glory to Allah, who made this ride for us. We could never do it on our own. To our Lord we return.

3



New clothes

Abu Dawud 4020



اللَّهُمَّ لَكَ الْحَمْدُ أَنْتَ كَسَوْتَنِيهِ أَسْأَلُكَ مِنْ خَيْرِهِ وَخَيْرِ مَا صُنِعَ لَهُ وَأَعُوذُ بِكَ مِنْ شَرِّهِ وَشَرِّ مَا صُنِعَ لَهُ

Allāhumma lakal-ḥamdu anta kasawtanīhi, as'aluka min khayrihi wa khayri mā ṣunī'a lahu, wa a'ūdhu bika min sharrihi wa sharri mā ṣunī'a lahu

Meaning: O Allah, praise is Yours, You dressed me! I ask for its good. Keep me safe from its harm.

8



When it rains

An-Nasa'i 1523



اللَّهُمَّ اجْعَلْهُ صَيِّبًا نَافِعًا

Allāhummaj'alhu ṣayyiban nāfi'a

Meaning: O Allah, make it helpful rain.

4



Before I eat

Abu Dawud 3767



بِسْمِ اللَّهِ *Bismillāh*

Meaning: In the name of Allah.

Forgot? Say: Bismillāhi awwalahu wa ākhirahu

9



Coming home

Abu Dawud 5096



بِسْمِ اللَّهِ وَلَجْنَا وَبِسْمِ اللَّهِ خَرَجْنَا وَعَلَى اللَّهِ رَبِّنَا تَوَكَّلْنَا

Bismillāhi walajnā, wa bismillāhi kharajnā, wa 'alallāhi rabbinā tawakkalnā

Meaning: In Allah's name we come in and go out. We trust Him.



Then say salaam to your family!

5



After I eat

At-Tirmidhi 3458



الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةَ

Alḥamdu lillāhil-ladhī aṭ'amanī hādḥā wa razaqanīhi min ghayri ḥawlin minnī wa lā quwwah

Meaning: All praise is for Allah, who fed me this and gave it to me, not by my own power.

10



Going to sleep

Al-Bukhari 6324



بِاسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

Bismika Allāhumma amūtu wa aḥyā

Meaning: In Your name, O Allah, I sleep and I wake up.

