

# How to Pray

Let's pray together!



Make wudu , face the qibla , and follow the steps! ✨

1

**Hands up!**  
Takbīr



اللَّهُ أَكْبَرُ

Allāhu Akbar

Allah is the Greatest.

2

**Recite**  
Qiyām



الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Al-ḥamdu lillāhi Rabbil-'ālamīn...

Recite AL-Fātiḥah: "All praise is for Allah, Lord of the worlds..."

3

**Bow**  
Rukū'



سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subḥāna Rabbiyal-'Aẓīm x3

Glory be to my Lord, the Most Great.

4

**Stand up**  
I'tidāl



سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami'allāhu liman ḥamidah

رَبَّنَا وَلَكَ الْحَمْدُ

Rabbanā wa lakal-ḥamd

Allah hears whoever praises Him. Our Lord, praise is Yours.

5

**Head down**  
Sujūd



سُبْحَانَ رَبِّيَ الْأَعْلَى

Subḥāna Rabbiyal-A'la x3

Glory be to my Lord, the Most High.

6

**Sit up**  
Jalsah



رَبِّ اغْفِرْ لِي

Rabbighfir lī x2

My Lord, forgive me.

7

**Again!**  
Sujūd

That's 1 rak'ah!



سُبْحَانَ رَبِّيَ الْأَعْلَى

Subḥāna Rabbiyal-A'la x3

Glory be to my Lord, the Most High.

8

**Sit**  
Tashahhud



التَّحِيَّاتُ لِلَّهِ ...

At-taḥiyyātu lillāh...

All greetings are for Allah...

9

**Turn**  
Salām



السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As-salāmu 'alaykum wa raḥmatullāh

Right, then left: "Peace be upon you, and Allah's mercy."

More rak'ahs? Stand up and go back to 2. Sit for 8 after rak'ah 2. At the end: 8 then 9

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Small details differ between schools of thought. Follow your teacher.

Arabic: Qur'an 1:2 · Ibn Mājah 803 · Muslim 772 · Bukhārī 735, 831 · Abū Dāwūd 874, 996

Watch & sing  
"Five Times a Day"

