

How to Pray

Let's pray together!



Make wudu , face the qibla , and follow the steps!

1

Hands up!
Takbīr



اللَّهُ أَكْبَرُ

Allāhu Akbar

Allah is the Greatest.

2

Recite
Qiyām



الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Al-ḥamdu lillāhi Rabbil-'ālamīn...

Recite Al-Fātiḥah: "All praise is for Allah, Lord of the worlds..."

3

Bow
Rukū'



سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subḥāna Rabbiyal-'Aẓīm x3

Glory be to my Lord, the Most Great.

4

Stand up
I'tidāl



سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami'allāhu liman ḥamidah

رَبَّنَا وَلَكَ الْحَمْدُ

Rabbanā wa lakal-ḥamd

Allah hears whoever praises Him. Our Lord, praise is Yours.

5

Head down
Sujūd



سُبْحَانَ رَبِّيَ الْأَعْلَى

Subḥāna Rabbiyal-A'lā x3

Glory be to my Lord, the Most High.

6

Sit up
Jalsah



رَبِّ اغْفِرْ لِي

Rabbighfir lī x2

My Lord, forgive me.

7

Again!
Sujūd



That's
1 rak'ah!

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subḥāna Rabbiyal-A'lā x3

Glory be to my Lord, the Most High.

8

Sit
Tashahhud



التَّحِيَّاتُ لِلَّهِ ...

At-taḥiyyātu lillāh...

All greetings are for Allah...

9

Turn
Salām



السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As-salāmu 'alaykum wa rahmatullāh

Right, then left: "Peace be upon you, and Allah's mercy."

More rak'ahs? Stand up and go back to 2. Sit for 8 after rak'ah 2. At the end: 8 then 9

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Small details differ between schools of thought. Follow your teacher.

Arabic: Qur'an 1:2 · Ibn Mājah 803 · Muslim 772 · Bukhārī 735, 831 · Abū Dāwūd 874, 996

Watch & sing
"Five Times a Day"

